

In-Home Resources for Families with Young Children

Virtual Activities (Local)

- [Apache Junction Fun Van by First Things First!](#) – Live and archived activities, parenting support
- [Let's Draw with Tisha and Dani](#) – Live and archived activity, Facebook and Instagram
- [Virtual Storytime with Miss Dani](#) – Live and archived activity, Facebook and Instagram

Virtual Activities (General)

- [Georgia Aquarium](#) – aquarium webcam
- [Kids Drawing Class Wendy MacNaughton](#) – Instagram live and archived activities
- [Lunch Doodles with Mo Willems](#) – free live and archived activities
- [The Mighty](#) – Facebook, live and archived activities
- [Storyline Online](#) – videos
- [Storytime from Space](#) – videos
- [Smithsonian Natural Zoo](#) – animal webcam
- [Virtual Farm Tours](#) - video

Physical Activities

- [20 Online Kids](#) - videos
- [Cosmic Kids Yoga](#) – videos
- [Debbie Doo Kids TV](#) - videos
- [Go Noodle](#) – videos
- [Groov3 Dance](#) – videos
- [Kidz Bop](#) - videos
- [Koo Koo Kangaroo](#) - videos
- [The Learning Station](#) - videos
- [MotherHiker](#) – Facebook
- [Move to Learn](#) – videos
- [Popsugar Fitness](#) - videos
- [Sesame Street Healthy Habits:](#) activities, videos

- [Smile and Learn Yoga for Kids \(English\)](#) – activities, videos
- [Smile and Learn Yoga for Kids \(Spanish\)](#) – activities, videos

Academic Activities and Resources (free)

- [123 Homeschool for Me](#) – activity sheets
- [ABCmouse Early Learning Activities](#) – activities, lessons
- [ABCya!](#) – videos, activities, lessons
- [ADDitude](#) – blog, ADD/ADHD
- [CampInvention](#) – blog, activities, STEM
- [ECDC Parent Resources](#) – activities, lessons, resources
- [Fun Brain](#) – videos, activities, lessons
- [Highlights Kids](#) – videos, activities, lessons
- [Into the Book](#) – videos, activities, lessons
- [Lakeshore Learning](#) – printable pages
- [Nat. Geo. Kids](#) – videos, activities, lessons
- [Pinal County Library Resources](#) – link to resources
- [PBS Kids](#) – videos, activities, lessons
- [Scholastic Learn PreK-K](#) – videos, activities
- [Sesame Street Healthy Habits:](#) activities, videos
- [Smile and Learn for Kids \(English\)](#) – activities, videos
- [Smile and Learn for Kids \(Spanish\)](#) – activities, videos
- [Starfall](#) – videos, activities, lessons
- [Suessville](#) – videos, activities, lessons
- [Switch Zoo](#) – videos, activities, lessons

In-Home Resources for Families with Young Children

Resources for Coping with Stress and Anxiety: Kids

- [ADDitude](#) – blog post, ADD/ ADHD
- [Babies sense parents' emotions to help understand their world](#) – blog post
- [Birth to 5 Helpline](#) – Live helpline
- [Coronavirus Toolkit: ADHD Addition](#) – blog post, ADD/ ADHD/ anxiety
- [Greater Good Science Center](#) – Facebook with Facebook Live discussions, articles and resources
- [Keeping the peace: helping a toddler reduce their stress](#) – blog post
- [The Mighty](#) – Facebook with Facebook Live discussions/ activities, articles, resources, behavioral health
- [Mindfulness and Other Natural Treatments](#) – Free book, ADHD/ADD
- [National Federation of Families for Children's Mental Health](#) - Facebook
- [Preventing toddler tantrums](#) – blog post
- [Supporting One Another in Times of Crisis](#) – video
- [Tips for Families: Coronavirus](#) – blog post
- [Tips for talking to your kids about coronavirus](#) – blog post
- [What Looks Like Misbehavior Might Be Stress](#) - video

Pinal County Family Resources

- [2020 Family Childhood Resource Guide](#) – Countywide resources for medical, basic needs and more contact providers for current hours of operation and availability of services.
- [AZ Department of Education](#) – information on free meals through schools, childcare resources and more