

Nutrition Care Process & Medical Nutrition Therapy Project

Directions/Rubric Evaluation Form

Type Intern First and Last Name

Project Overview

In the Nutrition Care Process, the NDTR and the RDN work as a team. Interns should read the NDTR and RDN responsibilities in the Academy of Nutrition and Dietetics 2012 Standards of Practice for Dietetic Technicians, Registered in Nutrition Care available under this project in Blackboard.

Before Intern begins

- This Project requires a minimum **168 hours of supervised practice over 7 weeks based on 24 hours/week.**
- This project must be planned, discussed and agreed to by the Preceptor.
- Interns must complete and submit the documents required in Blackboard.
- During the course of the project, Interns should review the documents and reports with their Preceptor.
- Preceptors will use assessment rubrics to guide how they evaluate the Intern's work.
- The Intern will have additional assignments that are submitted in Blackboard and graded by the Internship Instructor.

Directions/Instructions

The activities required for this project should be completed using both in-patient and out-patient settings that allow the Intern to experience the variety of patient health conditions and nutrition issues appropriate for an entry-level NDTR.

Interns are expected to learn first by observing their Preceptors and discussing "how" and "why" professional activities are performed. Interns should advance as quickly as possible to performing with supervision the skills expected of an entry-level NDTR. Once Interns have demonstrated the skill, they should gradually increase the amount of responsibility that they can manage well until they can handle the work load expected of an entry-level practitioner. Preceptors should continue to monitor the Intern's performance to ensure that competencies are being demonstrated consistently at entry level.

Glossary

ACEND: Accreditation Council for Education in Nutrition and Dietetics

CNDT: Required Core Competency for Nutrition and Dietetic Technicians

Competency: A competency is the capability to apply or use a set of related knowledge, skills, and abilities required to successfully perform "critical work functions" or tasks in a defined work setting.

Rubric Evaluation: A rubric is a tool that explicitly represents the performance expectations for an assignment or piece of work. A rubric divides the assigned work into component parts and provides clear descriptions of the characteristics of the work associated with each component, at varying levels of mastery.

Supervised Practice Activities: Activities and assignments developed to meet the ACEND competencies and must be supervised by Internship Preceptor

Column 1	Column 2	Column 3	Column 4, 5, 6
CNDT# (e.g 2.5)	CNDT Competencies Description (Required Core Competency for Nutrition and Dietetic Technicians (CNDT))	Supervised Practice Activities	Rubric Evaluation
	<ul style="list-style-type: none"> • Each Dietetic Technician competency is listed and accompanied by one or more rubrics for Interns to complete. • As the Intern works on the competencies, please review and provide feedback of their completed written work that supports their attainment of the expected knowledge and skills. • Meeting these competencies is mandated by the Accreditation Council for Education in Nutrition and Dietetics (ACEND). 	<ul style="list-style-type: none"> • These activities and assignments were developed by the Director and College Faculty to meet the ACEND competencies and must be supervised by Internship Preceptor. 	<ul style="list-style-type: none"> • The rubrics are meant to assist all Preceptors in an objective rather than subjective rating of the Interns' competency. • A rating of Needs Improvement for any direction must be repeated until at least the Entry-Level is attained. If it applies, leave "Needs Improvement" checked. The CAC Dietetic Education Program will evaluate areas where Interns need improvement. Continuous quality improvement and changes in curriculum will be driven by these (if any) Needs Improvement rubrics. • The Intern cannot pass this project until all rubrics are checked off as at least entry-level.

Summary Page

- Complete Summary (last page).
- Contact the CAC Internship Instructor for any questions or clarifications regarding this project.
- When making comments, please reference the competency number *e.g.* CNDT 2.5.

CNDT	Competencies	Supervised Practice Activities	RUBRIC EVALUATION		
			A rating of <u>Needs Improvement</u> must be repeated by the Intern until <u>Entry Level</u> is attained.		
			NEEDS IMPROVEMENT, check red box and REPEAT	If ENTRY LEVEL is met, check black box	If EXCEEDS ENTRY LEVEL , check black box
2.2	CNDT 2.2 Use clear and effective oral and written communication	Oral communications related to an Intern's supervised practice experience must be clear and effective.	Oral communications were unclear and/or ineffective. <input type="checkbox"/>	Most oral communications were clear and effective. <input type="checkbox"/>	Used clear and effective, concise and engaging oral communication. <input type="checkbox"/>
		Written assignments must be clear, concise, accurate and easily understood.	Written communications were unclear and/or ineffective. <input type="checkbox"/>	Most written communications were clear and/or effective. <input type="checkbox"/>	Used clear and effective, professionally written communication. <input type="checkbox"/>
3.1	CNDT 3.1 Perform nutrition screening and identify clients or patients to be referred to the registered dietitian	Using the NCP, perform nutrition screening in conjunction with organizational guidelines. Screen patients who have a variety of conditions and nutritional needs. Identify clients or patients and refer them appropriately to the RD/RDN or other professional As needed, observe the Intern's Preceptor while he/she sees patients. With the Preceptor, see patients each day and learn to obtain, interpret, and record pertinent information.	Did not or could not consistently perform expected number and varieties of nutrition screenings according to organizational guidelines. <input type="checkbox"/>	Performed expected number and varieties of nutrition screening according to organizational guidelines. <input type="checkbox"/>	Performed many more than expected number and varieties of nutrition screening according to organizational guidelines. <input type="checkbox"/>
		Refer situations outside the dietetic technician scope of practice or area of competence to the Registered Dietitian/Registered Dietitian Nutritionist or other professional.	Did not consistently identify clients or patients to be referred to the Registered Dietitian/Registered Dietitian Nutritionist according to organizational guidelines <input type="checkbox"/>	According to organizational guidelines, identified clients or patients to be referred to the Registered Dietitian/Registered Dietitian Nutritionist. <input type="checkbox"/>	According to organizational guidelines, identified clients or patients to be referred to the Registered Dietitian/Registered Dietitian Nutritionist and to other Health Care Professionals e.g. Speech or Occupational Therapy. <input type="checkbox"/>

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			A rating of <i>Needs Improvement</i> must be repeated by the Intern until <i>Entry Level</i> is attained.		
			NEEDS IMPROVEMENT , check red box and REPEAT	If ENTRY LEVEL is met, check black box	If EXCEEDS ENTRY LEVEL , check black box
3.2	CNDT 3.2 Perform specific activities of the Nutrition Care Process as assigned by registered dietitian nutritionists in accordance with the Scope of Nutrition and Dietetics Practice for individuals, groups and populations in a variety of settings.	<p>For all activities related to NCP, students should begin by observing the Preceptor, and then progress through assisting the Preceptor, implementing with supervision, and implementing with only occasional monitoring. Students should progress from working with small numbers of assigned patients and simpler conditions to being responsible for the number and type of patients appropriate for an entry-level NDTR.</p> <p>Throughout this project the Intern should screen/assess, calculate needs and write PES statements for <u>at least 30</u> patients/clients.</p> <p>Students should always plan their work and discuss findings and next steps with their Preceptor.</p> <p>Calculate IBW, estimate calorie and fluid needs using the formula suggested by the Intern's Preceptor.</p> <p>Determine protein needs for at least 10 patients.</p> <p>Take dietary history using method suggested by the Preceptor. Calculate patient's 24-hr and/or 3-day intake. Summarize, analyze, and report findings. Discuss implications with Preceptor.</p> <p>Note what percent the IBW and intake of calories and protein is over or under needs. Indicate what should be done and why.</p>	<p>Did not consistently and/or completely collect data needed for inclusion into the nutrition assessment. <input type="checkbox"/></p>	<p>Collected data required for inclusion into the nutrition assessment. <input type="checkbox"/></p>	<p>Collected required data for inclusion into the nutrition assessment and on at least one occasion gathered data not easily recognized that could have an affect nutritional status. <input type="checkbox"/></p>
			<p>Did not or could not assess the nutritional status of individuals, groups, and populations in a variety of settings where nutrition care is appropriate. <input type="checkbox"/></p>	<p>Assessed the nutritional status of individuals, groups, and populations in a variety of settings where nutrition care is appropriate. <input type="checkbox"/></p>	<p>Assessed the nutritional status of individuals, groups, and populations in a variety of settings where nutrition care is appropriate and on more than one occasion gathered data not easily recognized that could influence nutritional status. <input type="checkbox"/></p>

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3.2	CNDT 3.2 Perform specific activities of the Nutrition Care Process as assigned by registered dietitian nutritionists in accordance with the Scope of Nutrition and Dietetics Practice for individuals, groups and populations in a variety of settings.	<p>Review as many medical records as necessary to identify at least 5 medical patients who are at high nutrition risk, have a nutrition problem, or findings that could indicate a nutrition problem e.g. weight for height, chewing and swallowing issues, lab results, medications, food intake issues and patterns, food intolerances or physical activity. Note these and discuss with the Preceptor.</p> <p>Write PES statements for the nutritional diagnosis for each of 3 or more patients daily for at least 3 weeks. Review these with the Preceptor and revise as needed. Patients selected should include those with a variety of disorders and represent various gender, age, and cultural backgrounds.</p> <p>In table format, summarize and submit in writing pertinent patient data considered and the complete, concise, and accurate PES statements for 4 patients who have different backgrounds and nutritional needs.</p>	<p>Did not or could not diagnose nutrition problems. <input type="checkbox"/></p>	<p>Identified pertinent information and diagnosed nutrition problems accurately under the guidance of a Registered Dietitian. <input type="checkbox"/></p>	<p>Identified pertinent information and diagnosed high-risk nutrition problems accurately under the guidance of a Registered Dietitian. <input type="checkbox"/></p>
			<p>Did not or could not create accurate, appropriate and complete problem, etiology, signs and symptoms (PES) statements <input type="checkbox"/></p>	<p>Created accurate, appropriate, and complete problem, etiology, signs and symptoms (PES) statements. <input type="checkbox"/></p>	<p>Created accurate, well-written, concise, appropriate, and complete problem, etiology, signs and symptoms (PES) statements. <input type="checkbox"/></p>

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			A rating of <i>Needs Improvement</i> must be repeated by the Intern until <i>Entry Level</i> is attained.			
			NEEDS IMPROVEMENT , check red box and REPEAT	If ENTRY LEVEL is met, check black box		If EXCEEDS ENTRY LEVEL , check black box
3.2	CNDT 3.2 Perform specific activities of the Nutrition Care Process as assigned by registered dietitian nutritionists in accordance with the Scope of Nutrition and Dietetics Practice for individuals, groups and populations in a variety of settings.	For each of the assigned patients each day, Interns should discuss their suggestions for nutrition care with their Preceptors. Implement the interventions approved by the Preceptor.	Did not or could not consistently plan nutrition interventions to include prioritizing the nutrition diagnosis, formulating a nutrition prescription, establishing goals and selecting and managing intervention. <input type="checkbox"/>	Planned nutrition interventions to include prioritizing the nutrition diagnosis, formulating a nutrition prescription, establishing goals and selecting and managing intervention. <input type="checkbox"/>		Consistently planned nutrition interventions to include prioritizing the nutrition diagnosis, formulating a nutrition prescription, establishing goals and selecting and managing intervention. <input type="checkbox"/>
			Did not or could not implement nutrition interventions to include prioritizing the nutrition diagnosis, formulating a nutrition prescription, establishing goals and selecting and managing intervention. <input type="checkbox"/>	Planned and implemented nutrition interventions to include prioritizing the nutrition diagnosis, formulating a nutrition prescription, establishing goals and selecting and managing intervention. <input type="checkbox"/>		Consistently planned and implemented nutrition interventions to include prioritizing the nutrition diagnosis, formulating a nutrition prescription, establishing goals and selecting and managing intervention. <input type="checkbox"/>
3.2	CNDT 3.2 Perform specific activities of the Nutrition Care Process as assigned by registered dietitian nutritionists in accordance with the Scope of Nutrition and Dietetics Practice for individuals, groups and populations in a variety of settings.	For each assigned patient each day, monitor and reevaluate problems according to the established time line. Determine the impact of the Intern's interventions. Discuss the patient's progress (if any) with the Preceptor. Attend and participate in patient care conferences and discussions. After receiving permission from the Preceptor, contribute findings pertinent to food and nutrition problems and care.	Did not or could not monitor problems, etiologies, signs, symptoms as expected of an entry-level NDTR. <input type="checkbox"/>	Monitored problems, etiologies, signs, symptoms as expected of an entry-level NDTR. <input type="checkbox"/>		Consistently and routinely monitored problems, etiologies, signs, symptoms as expected of an entry-level NDTR. <input type="checkbox"/>
			Did not or could not evaluate problems, etiologies, signs, symptoms as expected of an entry-level NDTR. <input type="checkbox"/>	Evaluated problems, etiologies, signs, symptoms as expected of an entry-level NDTR. <input type="checkbox"/>		Consistently and routinely evaluated problems, etiologies, signs, symptoms as expected of an entry-level NDTR. <input type="checkbox"/>
			Did not or could not monitor the impact of planned interventions on the nutrition diagnosis. <input type="checkbox"/>	Monitored the impact of planned interventions on the nutrition diagnosis <input type="checkbox"/>		Consistently and routinely monitored the impact of planned interventions on the nutrition diagnosis <input type="checkbox"/>
			Did not or could not evaluate the impact of planned interventions on the nutrition diagnosis. <input type="checkbox"/>	Evaluated the impact of planned interventions on the nutrition diagnosis. <input type="checkbox"/>		Consistently and routinely evaluated the impact of planned interventions on the nutrition diagnosis. <input type="checkbox"/>

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3.2	CNDT 3.2 Perform specific activities of the Nutrition Care Process as assigned by registered dietitian nutritionists in accordance with the Scope of Nutrition and Dietetics Practice for individuals, groups and populations in a variety of settings.	<p>Using the facility's forms or format and with guidance from the Preceptor, draft documentation for assigned patients every day. Review with the Preceptor and revise as needed.</p> <p>Conduct meal rounds with the Preceptor. Advance to being able to conduct these independently. Make notes of any preferences, dissatisfaction and intake issues. Discuss your findings and suggested follow-up with the Preceptor.</p>	Did not or could not complete documentation that follows professional guidelines, guidelines required by health care systems and guidelines required by the practice setting. <input type="checkbox"/>	Completed documentation that follows professional guidelines, guidelines required by health care systems and guidelines required by the practice setting. <input type="checkbox"/>	Consistently, routinely and accurately completed documentation that follows professional guidelines, guidelines required by health care systems and guidelines required by the practice setting. <input type="checkbox"/>
2.5	CNDT 2.5 Refer situations outside the dietetic technician scope of practice or area of competence to the registered dietitian or other professional	<p>Using the NCP, perform nutrition screening in conjunction with organizational guidelines.</p> <p>Screen patients who have a variety of concerns and nutritional needs.</p> <p>Identify clients or patients and refer them appropriately to the RD or other professional</p> <p>Observe the Preceptor while he/she sees patients.</p> <p>With the Preceptor, see patients each day and learn to obtain, interpret, and record pertinent information.</p> <p>Refer situations outside the dietetic technician scope of practice or area of competence to the registered dietitian or other healthcare professional.</p>	Did not consistently refer situations outside the dietetic technician scope of practice or area of competence to the registered dietitian or other healthcare professional. <input type="checkbox"/>	Consistently referred situations outside the dietetic technician scope of practice or area of competence to the registered dietitian or other healthcare professional. <input type="checkbox"/>	Consistently, routinely and accurately referred situations outside the dietetic technician scope of practice or area of competence to the registered dietitian or to other Health Care Professionals e.g. Speech or Occupational Therapy. <input type="checkbox"/>

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2.1	CNDT 2.1 Adhere to current federal regulations and state statutes and rules, as applicable and in accordance with <i>accreditation standards and the Scope of Dietetics Practice, Standards of Professional Practice and the Code of Ethics for the Profession of Dietetics</i>	Follow through with actions to resolve problems. When appropriate, plan for the patient's discharge and follow-up care and education. Complete all appropriate documentation.	Did not or could not adhere to current federal regulations and state statutes and rules, as applicable and in accordance with accreditation standards and the Scope of Dietetics Practice, Standards of Professional Practice and the Code of Ethics for the Profession of Dietetics. <input type="checkbox"/>	Adhered to current federal regulations and state statutes and rules, as applicable and in accordance with accreditation standards and the Scope of Dietetics Practice, Standards of Professional Practice and the Code of Ethics for the Profession of Dietetics. <input type="checkbox"/>	Consistently, routinely and accurately adhered to current federal regulations and state statutes and rules, as applicable and in accordance with accreditation standards and the Scope of Dietetics Practice, Standards of Professional Practice and the Code of Ethics for the Profession of Dietetics. <input type="checkbox"/>
4.6	CNDT 4.6 Assist with marketing clinical services.	After discussing marketing options with the Preceptor, create an eye-catching and informative display, poster, flyer, or other work in order to market clinical services.	Did not or could not adequately market clinical services. <input type="checkbox"/>	Adequately marketed clinical services using an Intern-created eye-catching and informative display, poster, flyer, or other work that was clear, concise, accurate, and professional in appearance. <input type="checkbox"/>	Created three or more different promotional materials and marketed clinical services using an Intern-created eye-catching and informative display, poster, flyer, or other work that was clear, concise, accurate, and professional in appearance. <input type="checkbox"/>
			Written communications were unclear and/or ineffective. <input type="checkbox"/>	Most written communications were clear and/or effective. <input type="checkbox"/>	Used clear, effective and professionally written communication. <input type="checkbox"/>
2.5	CNDT 2.5 Function as a member of interprofessional teams.	Attend and participate in patient care conferences and discussions. Observe and discuss with appropriate personnel three other clinical services/disciplines (e.g. pharmacy, nursing, housekeeping, radiology, physical therapy, occupational therapy, etc.) and integration with nutrition services.	Did not or could not establish collaborative relationships with other health care professionals/disciplines and /or support personnel to effectively deliver and integration of nutrition services. <input type="checkbox"/>	Established collaborative relationships with other health care professionals/disciplines and/or support personnel to effectively deliver and integrate nutrition services. <input type="checkbox"/>	Served as a role model in demonstrating professional attributes within various organizational cultures and established collaborative relationships with other health care professionals/disciplines and/or support personnel to effectively deliver and integrate nutrition services. <input type="checkbox"/>

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4.1	CNDT 4.1 Participate in quality improvement and customer satisfaction activities to improve delivery of nutrition services	Discuss with the Preceptor how the NDTR participates in quality improvement and customer satisfaction activities to improve delivery and integration of nutrition services. Create and implement a plan for the Intern's participation. Discuss the outcome(s) with the Preceptor.	Did not or could not participate in quality improvement and customer satisfaction activities to improve delivery and integration of nutrition services. <input type="checkbox"/>	Participated in quality improvement and customer satisfaction activities to improve delivery and integration of nutrition services. <input type="checkbox"/>	Participated and created quality improvement and customer satisfaction activities to improve delivery and integration of nutrition services. <input type="checkbox"/>
4.3	CNDT 4.3 Use current nutrition informatics technology to develop, store, retrieve and disseminate information and data.	Use current informatics technology to develop, store, retrieve and disseminate information and data.	Did not or could not use current informatics technology to develop, store, retrieve and disseminate information and data. <input type="checkbox"/>	Used current informatics technology to develop, store, retrieve and disseminate information and data. <input type="checkbox"/>	Used current informatics technology to develop, store, retrieve and disseminate information and concisely and professionally presented the information. <input type="checkbox"/>
2.9	CNDT 2.9 Show cultural competence in interactions with clients, colleagues and staff.	During this entire rotation/project the student is to be evaluated on this competency.	Did not adequately show cultural competence in interactions with clients, colleagues and staff. <input type="checkbox"/>	Adequately showed cultural competence in interactions with clients, colleagues and staff. <input type="checkbox"/>	Consistently showed cultural competence in interactions with clients, colleagues and staff. <input type="checkbox"/>
				Interns must meet Entry Level for the 23 rubrics	

Intern Name: _____

Type Intern First and Last Name

Summary

Must be completed by Preceptor

Supervised Hours	
Estimated Minimum # of Supervised Hours required to complete this project	Actual # of Supervised Hours
168	

Nutrition Care Process & Model MNT Project 23 Rubrics		
# of Rubrics Needed Improvement before Passing	Number of Rubrics met at	
	Entry Level	Exceeded Entry Level

Acknowledgement Statement

On ____ / ____ / ____ (dd/mm/yyyy), I _____ (Preceptor's Name) acknowledge this *Directions/Rubric Evaluation Form* was submitted electronically to the *Internship Instructor* of record for NTR 296 and sent an electronic copy to _____ (Name of Intern).

Comments

Written comments may be noted on this page. When making comments, please reference the competency number.