

Education & Training Project *Directions/Rubric Evaluation Form*

Type Intern First and Last Name

Glossary

ACEND: Accreditation Council for Education in Nutrition and Dietetics

CNDT: Required Core Competency for Nutrition and Dietetic Technicians

Competency: A competency is the capability to apply or use a set of related knowledge, skills, and abilities required to successfully perform "critical work functions" or tasks in a defined work setting.

Rubric Evaluation: A rubric is a tool that explicitly represents the performance expectations for an assignment or piece of work. A rubric divides the assigned work into component parts and provides clear descriptions of the characteristics of the work associated with each component, at varying levels of mastery.

Supervised Practice Activities: Activities and assignments developed to meet the ACEND competencies and must be supervised by Internship Preceptor

Project Overview

Throughout this project the Intern will be demonstrating competence in the areas of planning, presenting, and evaluating educational programs for various patients/clients, healthy consumers and foodservice management employee audiences. The Intern will also demonstrate communication and organization skills as well as their ability to evaluate and prepare educational resources and marketing materials

Before Intern begins

- This Project requires a minimum of **96 hours of supervised practice over 4 weeks based on 24 hours/week.**
- This project must be planned, discussed and agreed to by the Preceptor.
- Interns must complete and submit the documents required in Blackboard.
- During the course of the project, Interns should review the documents and reports with their Preceptor.
- Preceptors will use assessment rubrics to guide how they evaluate the Intern's work.
- The Intern will have additional assignments that are submitted in Blackboard and graded by the Internship Instructor.

Directions/Instructions

During the initial planning for this project, the Intern will work with the Preceptor to identify appropriate groups to present 3 different 20-30 minutes sessions as follows:

- **NTR** = A basic nutrition and lifestyle topic for a well-population (e.g. parents, a fitness club group, workplace employees)
- **FSM** = A foodservice/food safety topic; (this should be presented to a FSM employee group)
- **MNT** = A calorie-controlled, low-fat/cholesterol, reduced sodium or other simple diet modification topic for an audience needing this information (e.g. weight loss, diabetics, cardiac rehab, hypertension patients etc.)

The three target groups should not contain the same audience participants. Individual diet instruction will be accomplished in the Nutrition Care Process & Medical Nutrition Therapy Project.

Column 1	Column 2	Column 3	Column 4, 5, 6
CNDT# (e.g 2.5)	CNDT Competencies Description (Required Core Competency for Nutrition and Dietetic Technicians (CNDT))	Supervised Practice Activities	Rubric Evaluation
	<ul style="list-style-type: none"> • Each Dietetic Technician competency is listed and accompanied by one or more rubrics for Interns to complete. • As the Intern works on the competencies, please review and provide feedback of their completed written work that supports their attainment of the expected knowledge and skills. • Meeting these competencies is mandated by the Accreditation Council for Education in Nutrition and Dietetics (ACEND). 	<ul style="list-style-type: none"> • These activities and assignments were developed by the Director and College Faculty to meet the ACEND competencies and must be supervised by Internship Preceptor. 	<ul style="list-style-type: none"> • The rubrics are meant to assist all Preceptors in an objective rather than subjective rating of the Interns' competency. • A rating of Needs Improvement for any direction must be repeated until at least the Entry-Level is attained. If it applies, leave "Needs Improvement" checked The CAC Dietetic Education Program will evaluate areas where Interns need improvement. Continuous quality improvement and changes in curriculum will be driven by these (if any) Needs Improvement rubrics. • The Intern cannot pass this project until all rubrics are checked off as at least entry-level.

Summary Page

- Complete Summary (last page).
- Contact the CAC Internship Instructor for any questions or clarifications regarding this project.
- When making comments, please reference the competency number e.g. *CNDT 2.5*.

CNDT	CNDT Competencies Description	Supervised Practice Activities	RUBRIC EVALUATION			
			A rating of <u>Needs Improvement</u> must be repeated by the Intern until <u>Entry Level</u> is attained.			
			NEEDS IMPROVEMENT, check <input type="checkbox"/> red box and REPEAT	If ENTRY LEVEL is met, check <input type="checkbox"/> black box	If EXCEEDS ENTRY LEVEL, check <input type="checkbox"/> black box	
1.1	CNDT 1.1 Access data, references, patient education materials, consumer and other information from credible sources	Collect information to prepare for the three 20-30 minute presentations you will be doing for an appropriate group by locating /gathering pertinent data, additional references, patient education materials, consumer, foodservice and other information so that the content of your presentation will be accurate, complete, and up-to-date. Include complete citations for all the sources you use.	N T R <input type="checkbox"/>	Did not or could not access data, references, patient education materials, consumer and other information from credible sources.	Accessed data, references, patient education materials, consumer and other information from credible sources. <input type="checkbox"/>	Accessed data, references, patient education materials, consumer and other information from credible sources. Data summary is clear and succinct. <input type="checkbox"/>
			F S M <input type="checkbox"/>	Did not or could not access data, references, patient education materials, consumer and other information from credible sources.	Accessed data, references, patient education materials, consumer and other information from credible sources. <input type="checkbox"/>	Accessed data, references, patient education materials, consumer and other information from credible sources. Data summary is clear and succinct. <input type="checkbox"/>
			M N T <input type="checkbox"/>	Did not or could not access data, references, patient education materials, consumer and other information from credible sources.	Accessed data, references, patient education materials, consumer and other information from credible sources. <input type="checkbox"/>	Accessed data, references, patient education materials, consumer and other information from credible sources. Data summary is clear and succinct. <input type="checkbox"/>
1.2	CNDT 1.2 Evaluate information to determine if it is consistent with accepted scientific evidence.	Use the steps and the criteria discussed and agreed upon by your peer Interns in the Blackboard Supplement class to evaluate the nutrition information in a popular magazine article. Present your findings/evaluations to your Preceptor for each of the education presentations NTR, FSM and MNT.	N T R <input type="checkbox"/>	Did not or could not evaluate information to determine if it is consistent with accepted scientific evidence.	Evaluated information to determine if it is consistent with accepted scientific evidence. <input type="checkbox"/>	Evaluated information to determine if it is consistent with accepted scientific evidence. Sources are comprehensive, current and most are from professional journals. <input type="checkbox"/>
			F S M <input type="checkbox"/>	Did not or could not evaluate information to determine if it is consistent with accepted scientific evidence.	Evaluated information to determine if it is consistent with accepted scientific evidence. <input type="checkbox"/>	Evaluated information to determine if it is consistent with accepted scientific evidence. Sources are comprehensive, current and most are from professional journals. <input type="checkbox"/>
			M N T <input type="checkbox"/>	Did not or could not evaluate information to determine if it is consistent with accepted scientific evidence.	Evaluated information to determine if it is consistent with accepted scientific evidence. <input type="checkbox"/>	Evaluated information to determine if it is consistent with accepted scientific evidence. Sources are comprehensive, current and most are from professional journals. <input type="checkbox"/>

CNDT	CNDT Competencies Description	Supervised Practice Activities	RUBRIC EVALUATION			
			A rating of <i>Needs Improvement</i> must be repeated by the Intern until <i>Entry Level</i> is attained.			
			<i>NEEDS IMPROVEMENT</i> , check <input type="checkbox"/> red <input type="checkbox"/> and REPEAT	If <i>ENTRY LEVEL</i> is met, check <input type="checkbox"/> black <input type="checkbox"/>	If <i>EXCEEDS ENTRY LEVEL</i> , check <input type="checkbox"/> black box <input type="checkbox"/>	
2.3	CNDT 2.3 Prepare and deliver sound food and nutrition presentations to a target audience	<p>Work with your Preceptor to identify appropriate groups for you to present a 20-30 minute session on a topic appropriate for each of the following groups: NTR = Basic nutrition for a well population FSM = Foodservice and/or food safety for foodservice employees. MNT = Medical Nutrition Therapy (calorie controlled, low sodium, low fat etc.) for diabetics, cardiac patients, or other common MNT situations.</p> <p>The following are the steps in the education process that Interns are expected to follow:</p> <ol style="list-style-type: none"> 1. Assess the needs of the audience. 2. Develop measurable objectives for the presentation. 3. <i>Prepare</i> an outline of the information to be included in the presentation so that the content of your presentation will be accurate, complete, at a level appropriate for the learners, and reflects current research. 4. Access data, references, patient education materials, consumer and other information from credible sources. Refer to #2 in this project CNDT 1.1. 5. Develop print and electronic nutrition education materials. 6. Marketing the presentation through a display, flyer, poster, or other appropriate means. 	NTR	Did not or could not <i>prepare</i> a basic nutrition presentation for a well population. <input type="checkbox"/>	<i>Prepared</i> a basic nutrition presentation for a well population. <input type="checkbox"/>	<i>Prepared</i> a basic nutrition presentation for a well population that represented a breadth and depth of sources. <input type="checkbox"/>
				Did not or could not <i>deliver</i> a basic nutrition presentation for a well population. <input type="checkbox"/>	<i>Delivered</i> a basic nutrition presentation for a well population. <input type="checkbox"/>	<i>Delivered</i> a basic nutrition presentation for a well population that included both information and examples. <input type="checkbox"/>
				Did not or could not <i>assess and summarize</i> a basic nutrition presentation for a well population. <input type="checkbox"/>	<i>Assessed and summarized</i> a basic nutrition presentation for a well population. <input type="checkbox"/>	<i>Assessed and summarized</i> a basic nutrition presentation for a well population that was engaging. <input type="checkbox"/>
				Did not or could not <i>critique</i> a basic nutrition presentation for a well population. <input type="checkbox"/>	<i>Critiqued</i> a basic nutrition presentation for a well population. <input type="checkbox"/>	<i>Critiqued</i> a basic nutrition presentation for a well population that included areas for presentation improvement. <input type="checkbox"/>
3.3	CNDT 3.3 Provide nutrition and lifestyle education to well populations	<ol style="list-style-type: none"> 2. Develop measurable objectives for the presentation. 3. <i>Prepare</i> an outline of the information to be included in the presentation so that the content of your presentation will be accurate, complete, at a level appropriate for the learners, and reflects current research. 	FSM	Did not or could not provide nutrition and lifestyle education to well populations. <input type="checkbox"/>	Provided nutrition and lifestyle education to well populations. <input type="checkbox"/>	With minimal direction provided nutrition and lifestyle education to well populations. <input type="checkbox"/>
4.2	CNDT 4.2 Perform supervisory, education and training functions	<ol style="list-style-type: none"> 4. Access data, references, patient education materials, consumer and other information from credible sources. Refer to #2 in this project CNDT 1.1. 5. Develop print and electronic nutrition education materials. 6. Marketing the presentation through a display, flyer, poster, or other appropriate means. 		Did not or could not <i>prepare</i> a foodservice and/or food safety presentation for foodservice employees. <input type="checkbox"/>	<i>Prepared</i> a foodservice and/or food safety presentation for foodservice employees. <input type="checkbox"/>	<i>Prepared</i> a foodservice and/or food safety presentation for foodservice employees that represented a breadth and depth of sources. <input type="checkbox"/>
				Did not or could not <i>deliver</i> a presentation for foodservice and/or food safety for foodservice employees. <input type="checkbox"/>	<i>Delivered</i> a presentation for foodservice and/or food safety for foodservice employees. <input type="checkbox"/>	<i>Delivered</i> a presentation for foodservice and/or food safety for foodservice employees that included information and examples. <input type="checkbox"/>
				Did not or could not <i>assess and summarize</i> a presentation for foodservice and/or food safety for foodservice employees. <input type="checkbox"/>	<i>Assessed and summarized</i> a presentation for foodservice and/or food safety for foodservice employees. <input type="checkbox"/>	<i>Assessed and summarized</i> a presentation for foodservice and/or food safety for foodservice employees that was engaging and interactive. <input type="checkbox"/>

CNDT	CNDT Competencies Description	Supervised Practice Activities	RUBRIC EVALUATION			
			A rating of <i>Needs Improvement</i> must be repeated by the Intern until <i>Entry Level</i> is attained.			
			NEEDS IMPROVEMENT , check <input type="checkbox"/> red box and REPEAT	If ENTRY LEVEL is met, check <input type="checkbox"/> black box	If EXCEEDS ENTRY LEVEL , check <input type="checkbox"/> black box	
		7. <i>Deliver</i> the presentations to the targeted audiences. 8. Assess what your audiences learned 9. <i>Summarize</i> what your audiences learned. 10. <i>Critique</i> your presentation by listing 3 strengths and 3 improvements you would make in your next presentation.	M N T	Did not or could not <i>critique</i> a presentation for foodservice and/or food safety for foodservice employees. <input type="checkbox"/>	<i>Critiqued</i> a presentation for foodservice and/or food safety for foodservice employees. <input type="checkbox"/>	<i>Critiqued</i> a presentation for foodservice and/or food safety for foodservice employees that included areas for presentation improvement. <input type="checkbox"/>
		Did not or could not <i>prepare</i> a presentation for diabetics, cardiac patients, or other common MNT situations. <input type="checkbox"/>		<i>Prepared</i> a presentation for diabetics, cardiac patients, or other common MNT situations. <input type="checkbox"/>	<i>Prepared</i> a presentation for diabetics, cardiac patients, or other common MNT situations that represented a breadth and depth of sources. <input type="checkbox"/>	
		Did not or could not <i>deliver</i> presentation for diabetics, cardiac patients, or other common MNT situations. <input type="checkbox"/>		<i>Delivered</i> presentation for diabetics, cardiac patients, or other common MNT situations. <input type="checkbox"/>	<i>Delivered</i> presentation for diabetics, cardiac patients, or other common MNT situations that included information and examples. <input type="checkbox"/>	
		Did not or could not <i>assess and summarize</i> a presentation for diabetics, cardiac patients, or other common MNT situations. <input type="checkbox"/>		<i>Assessed and summarized</i> a presentation for diabetics, cardiac patients, or other common MNT situations. <input type="checkbox"/>	<i>Assessed and summarized</i> a presentation for diabetics, cardiac patients, or other common MNT situations that was engaging and interactive. <input type="checkbox"/>	
		Did not or could not <i>critique</i> a presentation by listing 3 strengths and 3 improvements for diabetics, cardiac patients, or other common MNT situations. <input type="checkbox"/>		<i>Critiqued</i> a presentation by listing 3 strengths and 3 improvements for diabetics, cardiac patients, or other common MNT situations. <input type="checkbox"/>	<i>Critiqued</i> a presentation by listing 3 strengths and 3 improvements for diabetics, cardiac patients, or other common MNT situations that included areas for presentation improvement. <input type="checkbox"/>	
3.5	CNDT 3.5 Develop nutrition education materials for disease prevention and health improvement that are culturally and age appropriate and designed for the literacy level of the audience.	Develop nutrition education materials e.g. a handout and one electronic material e.g. PowerPoint presentation that you will use in educating the three audiences. Be sure that all materials developed are culturally sensitive, age appropriate, and designed for the educational level of the audience.	R H N	Did not adequately develop education materials for disease prevention and health improvement that are culturally sensitive, age appropriate and designed for the educational level of the audience. <input type="checkbox"/>	Developed nutrition education materials for disease prevention and health improvement that are culturally sensitive, age appropriate and designed for the educational level of the audience. <input type="checkbox"/>	Consistently developed or selected clear, concise, complete and accurate nutrition education materials for disease prevention and health improvement that are culturally sensitive, age appropriate and designed for the educational level of the audience. <input type="checkbox"/>

CNDT	CNDT Competencies Description	Supervised Practice Activities	RUBRIC EVALUATION		
			A rating of <i>Needs Improvement</i> must be repeated by the Intern until <i>Entry Level</i> is attained.		
			<i>NEEDS IMPROVEMENT</i> , check <input type="checkbox"/> red <input type="checkbox"/> and REPEAT	If <i>ENTRY LEVEL</i> is met, check <input type="checkbox"/> black <input type="checkbox"/>	If <i>EXCEEDS ENTRY LEVEL</i> , check <input type="checkbox"/> black <input type="checkbox"/>
			FSM Did not adequately develop education materials for disease prevention and health improvement that are culturally sensitive, age appropriate and designed for the educational level of the audience. <input type="checkbox"/>	Developed nutrition education materials for disease prevention and health improvement that are culturally sensitive, age appropriate and designed for the educational level of the audience. <input type="checkbox"/>	Consistently developed or selected clear, concise, complete and accurate nutrition education materials for disease prevention and health improvement that are culturally sensitive, age appropriate and designed for the educational level of the audience. <input type="checkbox"/>
			MNT Did not adequately develop education materials for disease prevention and health improvement that are culturally sensitive, age appropriate and designed for the educational level of the audience. <input type="checkbox"/>	Developed nutrition education materials for disease prevention and health improvement that are culturally sensitive, age appropriate and designed for the educational level of the audience. <input type="checkbox"/>	Consistently developed or selected clear, concise, complete and accurate nutrition education materials for disease prevention and health improvement that are culturally sensitive, age appropriate and designed for the educational level of the audience. <input type="checkbox"/>
3.4	CNDT 3.4 Promote health improvement, food safety, wellness and disease prevention for the general population	After discussing options with your Preceptor, create an eye-catching and informative display, poster, or flyer for the general population for each of the following goals: 1. NTR = promoting health 2. FSM = food safety 3. MNT = wellness and disease prevention Display for at least 1 week and/or distribute as appropriate to market the 3 presentations.	NTR Did not adequately promote health improvement for the general population by distributing materials or creating a display. <input type="checkbox"/>	Adequately promoted health improvement for the general population by distributing materials or creating a display. <input type="checkbox"/>	Adequately promoted health improvement for the general population by distributing materials or creating a display in such a way that the audience was interested and engaged. <input type="checkbox"/>
			FSM Did not adequately promote food safety for the general population by distributing materials or creating a display. <input type="checkbox"/>	Adequately promoted food safety for the general population by distributing materials or creating a display. <input type="checkbox"/>	Adequately promoted food safety for the general population by distributing materials or creating a display in such a way that the audience was interested and engaged. <input type="checkbox"/>
			MNT Did not adequately promote wellness and disease prevention for the general population by distributing materials or creating a display. <input type="checkbox"/>	Adequately promoted wellness and disease prevention for the general population by distributing materials or creating a display. <input type="checkbox"/>	Adequately promoted wellness and disease prevention for the general population by distributing materials or creating a display in such a way that the audience was interested and engaged. <input type="checkbox"/>

CNDT	CNDT Competencies Description	Supervised Practice Activities	RUBRIC EVALUATION		
			A rating of <i>Needs Improvement</i> must be repeated by the Intern until <i>Entry Level</i> is attained.		
			NEEDS IMPROVEMENT , check <input type="checkbox"/> red box and REPEAT	If ENTRY LEVEL is met, check <input type="checkbox"/> black box	If EXCEEDS ENTRY LEVEL , check <input type="checkbox"/> black box
2.9	CNDT 2.9 Show cultural competence in interactions with clients, colleagues and staff.	When creating and delivering all three education projects the intern will show/demonstrate cultural competence.	Did not adequately show cultural competence in interactions with clients, colleagues and staff. <input type="checkbox"/>	Adequately showed cultural competence in interactions with clients, colleagues and staff. <input type="checkbox"/>	Consistently showed cultural competence in interactions with clients, colleagues and staff. <input type="checkbox"/>
Interns must meet Entry Level for the 33 rubrics					

for reference

Intern Name: _____

Type Intern First and Last Name

Summary

Must be completed by Preceptor

Supervised Hours	
Estimated Minimum # of Supervised Hours required to complete this project	Actual # of Supervised Hours
96	

Education and Training Project 33 Rubrics		
# of Rubrics Needed Improvement before Passing	Number of Rubrics met at	
	Entry Level	Exceeded Entry Level

Acknowledgement Statement

On / / (dd/mm/yyyy), I (Preceptor's Name) acknowledge this *Directions/Rubric Evaluation Form* was submitted electronically to the *Internship Instructor* of record for NTR 296 and sent an electronic copy to (Name of Intern).

Comments

Written comments may be noted on this page. When making comments, please reference the competency number.