

Area of Interest: Nursing, Health & Emergency Careers
Degree: Nutrition & Dietetic Technician, Associate of Applied Science (AAS)



Stackable Certificate 1: Community Nutrition Worker

Stackable Certificate 2: Diabetes Care & Education

Stackable Certificate 3: Nutrition & Health Promotion

College Catalog: [2024-2025](#)

Program Location: Statewide/District/Online

Program Description: The Nutrition and Dietetic Technician (NDT) AAS Degree is designed for highly motivated individuals who would like to work in healthcare, schools and/or wellness. Students successfully completing the coursework and internship are eligible to take the National Registration Examination for Nutrition and Dietetic Technicians (NDTR) offered by the Commission on Dietetic Registration (CDR), the credentialing agency for the Academy of Nutrition and Dietetics. This program is approved by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) – eatrightpro.org/acend. Students earn 3 certificates as they progress through the NDT AAS Degree: Community Nutrition Worker (SC1), Diabetes Care and Education (SC2), and Nutrition and Health Promotion (SC3). It is important to contact the NDT Advisor for degree mapping.

NDT Advisor contact information: diettechadvisor@centralaz.edu

Area of Interest Website: [Nursing, Health & Emergency Careers](#)

Legend

Bold Course=Required Course Recommended Course (R) Stackable Certificate (SC)

AGEC Course list (Arizona General Education Curriculum)

Written Communication (WC)	Oral Communication (OC)	Arts/Humanities (AH)	Social/Behavioral Science (SB)
Lab Science (LS)	Mathematics (M)	Core Course (CC)	Elective (E)

Pre-Program Requirements:

High school diploma or GED.

Application for admission to the Nutrition and Dietetic Technician (NDT) Program is required.

The following must be completed before applying for admission to the NDT program:

- 1.) General Education requirements (CHM, BIO, MAT, ENG) with a "C" or better. The Chemistry (CHM) course must be completed within the last (5) five years.
- 2.) Community Nutrition Worker (CNW) Certificate with a 2.5 GPA or higher.

Applications are accepted from February 1st to June 15th. Application information can be found at centralaz.edu/nutrition.

Completion of degree requirements within three (3) years of beginning the program.

Fall Semester 1: New Students-Find your suggested starting point for English/Reading & Math courses.

		General Education Requirements	CREDITS	SEMESTER/GRADE	NOTES
R	LS	BIO160 Introduction to Anatomy and Physiology	4		
R	WC	ENG101 College Composition I	3		Health-care specific section preferred.
SC1,2,3	CC	NTR200 Human Nutrition	3		
SC1	CC	NTR127 Breastfeeding/Human Lactation	1		
SC1	CC	NTR134 Healthy Weight for Kids	1		
		Semester Credits	12	Connect with your NDT Program Advisor each semester!	

Spring Semester 1

		COURSE	CREDITS	SEMESTER/GRADE	NOTES
	M	Select either BUS101 Business Math (3) or MAT118 Essential Mathematics (4) or Higher	3-4		

	OC	COM100 Fundamentals of Human Communication or Higher	3		
SC1,3	CC	NTR123 Nutrition Throughout the Life Cycle	3		NTR200 Prerequisite
SC3	CC	NTR150 Overview of Nutrition Professions	1		
SC1,2,3	CC	NTR232A Food and Culture	1		
		Semester Credits	11-12	Connect with your NDT Program Advisor each semester!	

Fall Semester 2					
		COURSE	CREDITS	SEMESTER/GRADE	NOTES
	LS	CHM130 Fundamentals of Chemistry or Higher	4		Complete chemistry courses within 5 years.
	SB	Select an AGEC Social Behavioral Sciences course	3		
SC1,2,3	CC	NTR191 Nutrition Counseling Skill Development	3		NTR200 Prerequisites
SC1,2	CC	NTR201 Nutrition Literacy	1		NTR200 Prerequisites
SC2,3	CC	NTR247 Weight Management Theory	1		NTR200 Prerequisites
		Semester Credits	12	Connect with your NDT Program Advisor each semester!	

Spring Semester 2					
		COURSE	CREDITS	SEMESTER/GRADE	NOTES
	AH	Select an AGEC Arts & Humanities course	3		
SC2	CC	NTR133 Introduction to Diabetes and Carbohydrate Counting	4		Spring Only
SC1,3	CC	NTR219 Community Nutrition	3		NTR200 Prerequisite; Spring Only
SC2	CC	NTR255 Nutrition Medical Terminology, Labs & Food Drug Interaction	1		NTR200 Prerequisite
		Semester Credits	11	Connect with your NDT Program Advisor each semester!	

Fall Semester 3: Ready to Apply to the NDT Program/Completed Community Nutrition Worker Certificate (SC1)					
		COURSE	CREDITS	SEMESTER/GRADE	NOTES
	CC	NTR142 Applied Food Science	3		Fall Only
	CC	NTR163 Orientation to NDT Program	1		Acceptance into NDT Program & Director Approval; Fall Only
SC3	CC	NTR222 Nutrition Assessment and Medical Nutrition Therapy	3		NTR123 Prerequisite; Fall Only
	CC	NTR223 Food Service Management	3		
		Semester Credits	10	Connect with your NDT Program Advisor each semester!	

Spring Semester 3					
		COURSE	CREDITS	SEMESTER/GRADE	NOTES
	CC	NTR295 Dietetic Technician Professional Practice Internship	3		Program Director/Instructor Consent
		Semester Credits	3	Connect with your NDT Program Advisor each semester!	
				Ready to Apply for Graduation!	

Fall Semester 4

		COURSE	CREDITS	SEMESTER/GRADE	NOTES
	CC	NTR296 Dietetic Technician Internship <u>OR</u> NTR296A Dietetic Technician Food Services Management Internship (2) <u>AND</u> NTR296B Dietetic Technician Education and Clinical Internship (4)	6		All Nutrition & Dietetic Technician AAS degree requirements completed with a grade of "C" or better. Program Director/Instructor Consent
		Semester Credits	6		
		Total Degree Credits	65-66		
		Total SC 1 Credits	16		
		Total SC 2 Credits	14		
		Total SC 3 Credits	18		

Arizona Resident Tuition for 2024-2025 is \$75 per cred hour, see [Paying for College](#). Financial aid may be available.

Career Information

CAC Career Center: centralaz.edu/career FREE CAC career resources and assistance.

O*NET OnLine: Visit onetonline.org and search for:

- Education needed for specific occupations
- Occupation tasks, knowledge, skills and abilities
- Salary/wages for specific occupations (\$)

Transfer Information

CAC University Transfer Center: centralaz.edu/transfer FREE CAC transfer resources and assistance.

AZTransfer Nutrition Major Guide has a list of transfer programs at ASU, NAU, or UA.

Note: Use this Program MAP as a guide to choose courses with your advisor and track progress towards milestones and completion of program. Work with your NDT Program Advisor to customize your plan to align with your specific career and/or transfer goals.

Part-Time Students: Plans can be modified to fit the need of part-time students by adding more semesters.

Student Name:

Advisor Name:

Student ID Number: 880

Date: