

Area of Interest: Nursing, Health & Emergency Careers
Certificate: Community Nutrition Worker
College Catalog: [2024-2025](#)



Program Location: Statewide/District/Online

Program Description: The Community Nutrition Worker Certificate provides the opportunity for individuals to develop skills and competencies in the areas of food, nutrition, and health necessary for careers in public health nutrition. This certificate is embedded in the Nutrition and Dietetic Technician AAS Degree. Students interested in working towards this degree are encouraged to contact the Nutrition and Dietetic Technician advisor.

Contact Information: diettechadvisor@centralaz.edu

Area of Interest Website: [Nursing, Health & Emergency Careers](#)

Legend

Bold Course =Required Course	Recommended Course (R)	Stackable Certificate (SC)	
AGEC Course list (Arizona General Education Curriculum)			
Written Communication (WC)	Oral Communication (OC)	Arts/Humanities (AH)	Social/Behavioral Science (SB)
Lab Science (LS)	Mathematics (M)	Core Course (CC)	Elective (E)

Recommended Proficiencies:

High School diploma or GED

Semester 1: New Students-Find your suggested starting point for [English/Reading & Math courses](#).

		COURSE	CREDITS	SEMESTER/GRADE	NOTES
R	CC	NTR200 Human Nutrition	3		
	CC	NTR127 Breastfeeding and Human Lactation	1		
	CC	NTR134 Healthy Weight for Kids	1		
	CC	NTR232A Food and Culture	1		
		Semester Credits	6	Apply for graduation and attend career events!	

Semester 2

		COURSE	CREDITS	SEMESTER/GRADE	NOTES
	CC	NTR123 Nutrition throughout the Life Cycle	3		NTR200 Prerequisite
	CC	NTR191 Nutrition Counseling Skill Development	3		NTR200 Prerequisite
	CC	NTR201 Nutrition Literacy	1		NTR200 Prerequisite
	CC	NTR219 Community Nutrition	3		NTR200 Prerequisite
		Semester Credits	10	Finish strong-don't get distracted before finals!	
		Total Certificate Credits	16		

Arizona Resident Tuition for 2024-2025 is \$75 per credit hour; see [Paying for College](#). Financial aid may be available.

Career Information

CAC Career Center: centralaz.edu/career FREE CAC career resources and assistance.

O*NET OnLine: Visit onetonline.org and search for:

- Education needed for specific occupations
- Occupation tasks, knowledge, skills and abilities
- Salary/wages for specific occupations (\$)

Transfer Information

CAC University Transfer Center: centralaz.edu/transfer FREE CAC transfer resources and assistance.

Note: Use this Program MAP as a guide to choose courses with your advisor and track progress towards milestones and completion of program. Work with the NDT Program advisor to customize your plan to align with your specific career and/or transfer goals.

Part-Time Students: Plans can be modified to fit the need of part-time students by adding more semesters.

Student Name:

Student ID Number: 880

Advisor Name:

Date: